

AS GOD DWELLS IN EACH ONE OF US AND WE DWELL WITH EACH OTHER, WE EXPERIENCE THE LOVE OF GOD AMONG US.

THE TRUEST OF FRIENDSHIPS FOUND IN THE BODY OF CHRIST IS OURS WHEN WE TAKE TIME TO DWELL TOGETHER WITH HIM.

The Bible tells us to gather together and watch out for each other. Over and over again we are to love and encourage one another. Yet, life moves so fast these days it can be difficult to get in the same room with the same people on the same day at the same time on a regular basis.

How can we watch out for each other if we never see each other? How can we encourage each other if we don't know each other's circumstances? More so, how can we love God and each other if we never look in each other's eyes?

IF THIS IS TRUE FOR YOU AND YOUR FRIENDS, WE SUGGEST CREATING A DWELL GROUP.

#### WHAT IS A DWELL GROUP?

Dwell groups offer opportunity for deeper friendship, spiritual accountability, and transformational growth. Find four to six women who have a similar schedule as yours and get together. Decide if you will meet every week, every other week, or once a month; suggested group time is ninety minutes. Choose a start date and an end date. Determine the best location conducive for group discussion.

There are four questions that guide every group time. Every time the group meets, you do the same format. There is no leader or preparation for any one person in the group; the questions guide the content and discussion.

IRON SHARPENS
IRON, AND ONE
PERSON SHARPENS
ANOTHER.
PROVERBS 27:17

## **GROUP ESSENTIALS**

**TRUST** If deeper friendships are going to form, trust is essential. True biblical community exists only where trust and unity reside in close relationship. This group believes the best of each other and has each other's best interest at heart.

TRUTH Scripture is our guide for life and the foundation of spiritual accountability.

Accountability invites truth-telling as a practice that is honored within the group. The group needs to be a safe place where truth can be spoken and heard without judgment and with grace; it needs to be a safe place where a confidence is kept.

TRANSPARENCY Transformational growth requires authenticity and vulnerability. For change to take place within us, defenses must come down and false beliefs deconstructed. Old ways of thinking and living must be abandoned to make space for the Spirit to do his new work in each of us that we might become more like our Savior, Jesus.

SEE GROUP GUIDE ON THE BACK TO GET STARTED!

# Cuell GROUP GUIDE



## QUESTION 1

# WHAT HAVE YOU READ IN THE BIBLE SINCE WE LAST MET?

What did you learn? What did it mean to you? Was it timely for anything going on in your life right now? Did you hear God speak to you through his Word?

All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness so that the man of God may be complete, equipped for every good work. (2 Timothy 3:16-17, CSB)

#### QUESTION 2

# IS THERE ANYTHING YOU NEED TO CONFESS OR SURRENDER?

Are you struggling with a temptation or sin? Are you wrestling with any false motives or selfishness? Is there someone you need to forgive?

Therefore, confess your sins to one another and pray for one another, so that you may be healed. (James 5:16a, CSB)

### QUESTION 3

## HOW IS THE SPIRIT LEADING YOU, GROWING YOU AND CHANGING YOU?

What is the new thing God is doing in your life? Is God changing your heart or attitude? Do you need boldness for a step of faith He is leading you to take? Has He given you a new purpose or serving opportunity? Is God giving you spiritual eyes and a new perspective on a circumstance or life in general?

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control...Now those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also keep in step with the Spirit. (Galatians 5:22, 24 - 25, CSB)

#### QUESTION 4

## **HOW CAN WE PRAY FOR YOU?**

What specifically can we pray for regarding Questions #1-#3? What is heavy on your heart regarding family, friends, work, and the world in general? What are you excited about and how can we pray for the vision that God has put in your heart for ministry and mission?

