WELCOME TO THE FOREST HILLS BAPTIST CHURCH S.H.A.P.E. PROFILE!

These assessment tools are designed to help you in the process of self discovery. They are relatively simple but can have a huge impact on your life. They are meant to help you clarify how God has uniquely wired you, but that is only the starting point. Remember they are only as good as the application of your SHAPE into your life and ministry. When you are done, enter your results on the GREEN Sheet and return to the church office or email nan.dodd@fhbc.org.

WHAT IS S.H.A.P.E.?

SPIRITUAL GIFTS: A special capacity for service given by God to every believer for the benefit of His Church, the Body of Christ

HEART: A God-given desire that invigorates and motivates you to meaningful ministry involvement for God's kingdom.

ABILITIES: Talents and skills given by God to every human for His glory (whether people love Him or not) that demonstrate His common grace to everyone.

PERSONAL STYLE: Your natural and energized approach to life and relationships.

EXPERIENCES: Events and situations in your life that God has used to mold you into who you are.

SPIRITUAL GIFTS SURVEY

DIRECTIONS

This is not a test, so there are no wrong answers. The Spiritual Gifts Survey consists of 80 statements. Some items reflect concrete actions; other items are descriptive traits; and still others are statements of belief.

- Select the one response you feel best characterizes yourself and place that number in the blank provided. Record your answer in the blank beside each item.
- Do not spend too much time on any one item. Remember, it is not a test. Usually your immediate response is best.
- Please give an answer for each item. Do not skip any items.
- Do not ask others how they are answering or how they think you should answer.
- Work at your own pace.

Your response choices are:

- 5 Highly characteristic of me/definitely true for me
- 4 Most of the time this would describe me/be true for me
- 3 Frequently characteristic of me/true for me-about 50 percent of the time
- 2 Occasionally characteristic of me/true for me-about 25 percent of the time
- 1 Not at all characteristic of me/definitely untrue for me

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
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1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
1	2	3	4	5
	1 1	1 2 1 2	1 2 3 1 2 3	1 2 3 4 1 2 3 4

15. I enjoy entertaining guests in my home.	1	2	3	4	5
16. I can adapt my guidance to fit the maturity of those working with me.	1	2	3	4	5
17. I can delegate and assign meaningful work.	1	2	3	4	5
18. I have an ability and desire to teach.	1	2	3	4	5
·					
19. I am usually able to analyze a situation correctly.	1	2	3	4	5
20. I have a natural tendency to encourage others.	1	2	3	4	5
21. I am willing to take the initiative in helping other Christians grow in their faith.	1	2	3	4	5
22. I have an acute awareness of the emotions of other people, such as loneliness, pain, fear, and anger.	1	2	3	4	5
23. I am a cheerful giver.	1	2	3	4	5
24. I spend time digging into facts.	1	2	3	4	5
25. I feel that I have a message from God to deliver to others.	1	2	3	4	5
26. I can recognize when a person is genuine/honest.	1	2	3	4	5
27. I am a person of vision (a clear mental portrait of a preferable future given by God). I am able to communicate vision in such a way that others commit to making the vision a reality.	1	2	3	4	5
28. I am willing to yield to God's will rather than question and waver.	1	2	3	4	5
29. I would like to be more active in getting the gospel to people in other lands.	1	2	3	4	5
30. It makes me happy to do things for people in need.	1	2	3	4	5
31. I am successful in getting a group to do its work joyfully.	1	2	3	4	5
32. I am able to make strangers feel at ease.	1	2	3	4	5
33. I have the ability to plan learning approaches.	1	2	3	4	5
34. I can identify those who need encouragement.	1	2	3	4	5
35. I have trained Christians to be more obedient disciples of Christ.	1	2	3	4	5
36. I am willing to do whatever it takes to see others come to Christ.	1	2	3	4	5
37. I am attracted to people who are hurting.	1	2	3	4	5
38. I am a generous giver.	1	2	3	4	5
39. I am able to discover new truths.	1	2	3	4	5
40. I have spiritual insights from Scripture concerning issues and people that compel me to speak out.	1	2	3	4	5
41. I can sense when a person is acting in accord with God's will.	1	2	3	4	5
42. I can trust in God even when things look dark.	1	2	3	4	5
43. I can determine where God wants a group to go and help it get there.	1	2	3	4	5
44. I have a strong desire to take the gospel to places where it has never been heard.	1	2	3	4	5
45. I enjoy reaching out to new people in my church and community.	1	2	3	4	5
46. I am sensitive to the needs of people.	1	2	3	4	5
	1	2	3	4	5

48. I often am consulted when fellow Christians are struggling to make difficult decisions.	1	2	3	4	5
49. I think about how I can comfort and encourage others in my congregation.	1	2	3	4	5
50. I am able to give spiritual direction to others.	1	2	3	4	5
51. I am able to present the gospel to lost persons in such a way that they accept the Lord and His salvation.	1	2	3	4	5
52. I possess an unusual capacity to understand the feelings of those in distress.	1	2	3	4	5
53. I have a strong sense of stewardship based on the recognition that God owns all things.	1	2	3	4	5
54. I have delivered to other persons messages that have come directly from God.	1	2	3	4	5
55. I can sense when a person is acting under God's leadership.	1	2	3	4	5
56. I try to be in God's will continually and be available for His use.	1	2	3	4	5
57. I feel that I should take the gospel to people who have different beliefs from me	1	2	3	4	5
58. I have an acute awareness of the physical needs of others.	1	2	3	4	5
59. I am skilled in setting forth positive and precise steps of action	1	2	3	4	5
60. I like to meet visitors at church and make them feel welcome.	1	2	3	4	5
61. I explain Scripture in such a way that others understand it.	1	2	3	4	5
62. I can usually see spiritual solutions to problems.	1	2	3	4	5
63. I welcome opportunities to help people who need comfort, consolation, encouragement, and counseling.	1	2	3	4	5
64. I feel at ease in sharing Christ with nonbelievers.	1	2	3	4	5
65. I can influence others to perform to their highest God-given potential.	1	2	3	4	5
66. I recognize the signs of stress and distress in others.	1	2	3	4	5
67. I desire to give generously and unpretentiously to worthwhile projects and ministries.	1	2	3	4	5
68. I can organize facts into meaningful relationships.	1	2	3	4	5
69. God gives me messages to deliver to His people.	1	2	3	4	5
70. I am able to sense whether people are being honest when they tell of their religious experiences.	1	2	3	4	5
71. I enjoy presenting the gospel to persons of other cultures and backgrounds	1	2	3	4	5
72. I enjoy doing little things that help people.	1	2	3	4	5
73. I can give a clear, uncomplicated presentation.	1	2	3	4	5
74. I have been able to apply biblical truth to the specific needs of my church.	1	2	3	4	5
75. God has used me to encourage others to live Christlike lives.	1	2	3	4	5
76. I have sensed the need to help other people become more effective in their ministries.	1	2	3	4	5
77. I like to talk about Jesus to those who do not know Him.	1	2	3	4	5
78. I have the ability to make strangers feel comfortable in my home.	1	2	3	4	5
79. I have a wide range of study resources and know how to secure information.	1	2	3	4	5
80. I feel assured that a situation will change for the glory of God even when the situation seem impossible.	1	2	3	4	5

SCORING YOUR SURVEY

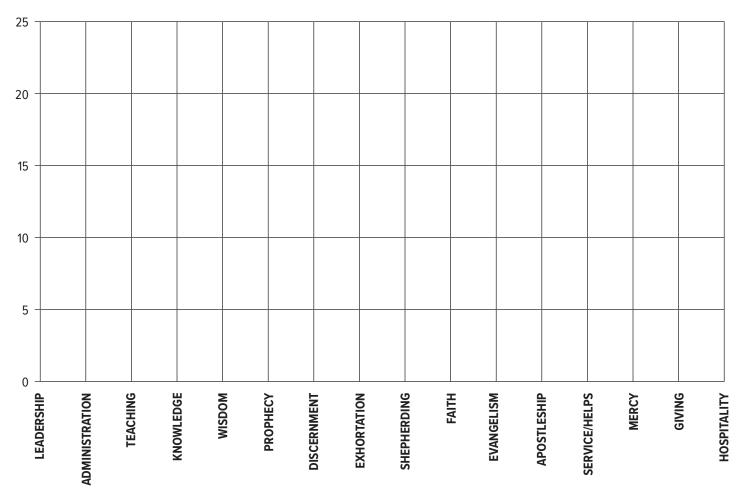
Follow these directions to figure your score for each spiritual gift.

- 1. Place in each box your numerical response (1-5) to the item number which is indicated below the box.
- 2. For each gift, add the numbers in the boxes and put the total in the TOTAL box.

LEADERSHIP	-	+ -	+ -	' + -	+ =	=
LEADERSHIP	Item 6	Item 16	Item 27	Item 43	Item 65	TOTAL
	-	 + -	+ -	+ -	+ =	=
ADMINISTRATION	Item 1	Item 17	Item 31	Item 47	Item 59	TOTAL
TEACHING		+ ·	+ - 	+ - 	+ =	
	Item 2	Item 18	Item 33	Item 61	Item 73	TOTAL
KNOWLEDGE	-	 +	+ -	 + -	+ =	=
KNOWLEDGE	Item 9	Item 24	Item 39	Item 68	Item 79	TOTAL
		<u> </u> + -	+ -	<u> </u>	 + =	
WISDOM	Item 3	Item 19	Item 48	Item 62	Item 74	TOTAL
PROPHECY		+ - 	+ -	+ - 	+ =	=
	Item 10	Item 25	Item 40	Item 54	Item 69	TOTAL
DICCEDNMENT	-	 +	+ -	 + -	+ =	=
DISCERNMENT	Item 11	Item 26	Item 41	Item 55	Item 70	TOTAL
		<u> </u> + -	+ -	<u> </u>	 + =	
EXHORTATION	Item 20	Item 34	Item 49	Item 63	Item 75	TOTAL
	item 20		item 45	item 05	item 75	IUIAL
SHERPHERDING		+ - 	+ - I	+ - I	+ =	=
	Item 4	Item 21	Item 35	Item 50	Item 76	TOTAL
	-	 + -	 + -	 + -	 + =	=
FAITH	Item 12	Item 28	Item 42	Item 56	Item 80	TOTAL
		 	+ -	L -	⊢ =	_
EVANGELISM	Item 5	Item 36	Item 51	Item 64	Item 77	TOTAL
			item 51			TOTAL
APOSTLESHIP		+ - 	+ - 	+ - 	+ =	
	Item 13	Item 29	Item 44	Item 57	Item 71	TOTAL
SERVICE/HELPS	-	 + -	+ -	 + -	+ =	=
SERVICE/HELPS	Item 14	Item 30	Item 46	Item 58	Item 72	TOTAL
	-	 + -	+ -	+ -	 + =	=
MERCY	Item 7	Item 33	Item 37	Item 52	Item 66	TOTAL
GIVING		+ - 	+ - 	+ - 	+ = 	
	Item 8	Item 23	Item 38	Item 53	Item 67	TOTAL
HOSPITALITY	-	 	+ -	 + -	 	=
	Item 15	Item 32	Item 45	Item 60	Item 78	TOTAL
	1	1		1	1	

GRAPHING YOUR PROFILE

- 1. For each gift place a mark across the bar at the point that corresponds to your TOTAL for that gift.
- 2. For each gift shade the bar below the mark that you have drawn.
- 3. The resultant graph gives a picture of your gifts. Gifts for which the bars are tall are the ones in which you appear to be strongest. Gifts for which the bars are very short are the ones in which you appear not to be strong.



NOW THAT YOU HAVE COMPLETED THE SURVEY, THOUGHTFULLY ANSWER THE FOLLOWING QUESTIONS.

The gifts I have begun to discover in my life are:

1.

2._____ 3.____

• After prayer and worship, I am beginning to sense that God wants me to use my spiritual gifts to serve Christ's body by

• I am not sure yet how God wants me to use my gifts to serve others. But I am committed to prayer and worship, seeking wisdom and opportunities to use the gifts I have received from God.

Ask God to help you know how He has gifted you for service and how you can begin to use this gift in ministry to others.

HEART PASSION ASSESSMENT

 You receive a phone call. The person says, "I have some good news and some bad news." The bad news is that you have just been fired from your job. The good news is that I want to give you a new job and it will be literally the job of your dreams. Describe this job and it is yours." What would you say?

2. What is it in life that really "turns your crank", "floats your boat" i.e. something that you could stay up late talking about?

3. Describe one of your most fulfilling and enjoyable achievements. What did you do? What encouragement did you get from others? How did you feel while doing it? (Remember, this is a fulfilling and enjoyable achievement. You might have won the Nobel Peace Prize but hated the process and will never do it again.)

4. Think of a famous person or a person that you know well. Write there name down and what one of there passions are. (Example: Billy Graham—Reaching people for Christ)

5. What do you think some of your friends would say about you?

God had a purpose in giving you your inborn interests. In fact, your emotional heartbeat reveals a very important key to understanding God's design and intention for your life. These heartbeats are described as passions in three different areas----- Roles, People and Causes.

HEART PASSION FOR A ROLE

WHAT DO YOU LIKE DOING?

Checkmark the roles you find fulfilling. If none apply to you or you think of another one, write it down on the "other" line at the end of the assessment.

I LOVE TO...

- DESIGN/DEVELOP: I love to make something out of nothing. I enjoy getting something started from scratch.
- **PIONEER:** I love to test and try out new concepts. I am not afraid to risk failure.
- ORGANIZE: I love to bring order out of chaos. I enjoy organizing something that is already started.
- OPERATE/MAINTAIN: I love to efficiently maintain something that is already organized.
- SERVE/HELP: I love to assist others in their responsibility. I enjoy helping others succeed.
- ACQUIRE/POSSESS: I love to shop, collect or obtain things. I enjoy getting the highest quality for the best price.
- EXCEL: I love to be the best and make my team the best. I enjoy setting and attaining the highest standard.
- □ INFLUENCE: I love to convert people to my way of thinking. I enjoy shaping the attitudes and behavior of others.
- PERFORM: I love to be on stage and receive the attention of others. I enjoy being in the limelight.
- IMPROVE: I love to make things better. I enjoy taking something that someone else has designed or started and improve it.
- **REPAIR:** I love to fix what is broken or change what is out of date.
- LEAD/BE IN CHARGE: I love to lead the way, oversee and supervise. I enjoy determining how things will be done.
- PERSEVERE: I love to see things to completion. I enjoy persisting at something until it is finished.
- FOLLOW THE RULES: I love to operate by policies and procedures. I enjoy meeting the expectations of an organization or boss.
- PREVAIL: I love to fight for what is right and oppose what is wrong. I enjoy overcoming injustice.

HEART PASSION FOR SPECIFIC PEOPLE

WHOM DO YOU LIKE TO HELP?

Checkmark the following people on whom you feel can have the greatest impact.

□ Infants/Babies	College/Young Adults	Professional Women
□ Toddlers	□ Young Adults (Post-College – Early Career)	Older Adults 65+
Preschool Children	□ Families	□ Widowed
Elementary Children	Men	Couples
□ Jr. High Students	□ Women	☐ Young Marrieds
Sr. High Students	□ Single Parents	Other

HEART PASSION FOR A CAUSE

WHAT DO I GET EXCITED ABOUT?

Checkmark what cause(s) that get the adrenalin flowing.

□ At Risk Children	Career Decisions
Relief Efforts	Deafness
□ Homelessness	Disabilities
Financial Management	□ Education
□ Health and/or Fitness	Environment
Evangelism	Grief Recovery
Illness Support	□ Law & Justice
Fellowship	□ Mobilizing Volunteers
Abuse/ Violence	Music or Art
□ Blindness	Parenting
□ Breast Cancer	🗌 Prayer
Cancer	□ Race
Business	□ Worship

□ Families/Marriage
Divorce Recovery
Science and/or Technology
Special Needs Children
U World Missions
Urban Missions
Drug and Alcohol Recovery
☐ Athletics
Ethics
Sexuality &/or Gender issues
Other

ABILITIES ASSESSMENT

WHAT GOD-GIVEN ABILITIES HAVE SURFACED THROUGHOUT YOUR LIFE?

Checkmark the abilities that apply to you:

 Artistic ability: conceptualize, draw, paint, photograph, etc. 	□ Hobby-related ability: work with hands in a d
Athletic ability: coach or participate in a sport	Interviewing ability: talking with people ar
 Classifying ability: systematize and file books, data, records, and materials 	what people are like Landscaping ability: gardening and work v
Cooking ability: prepare meals for large and small groups	Leadership ability: "head honcho", coord direct, lead
Counseling ability: listen, encourage, and guide with sensitivity	 Learningability: observe,practice,rese
Counting ability: work with numbers, data or money	Linguistic ability: speak and write in var
 Decorating ability: beautify a setting for a special event 	Managing ability: supervise people to a task or event
 Developing ability: improve, tinker, make better, modify Editingability: 	MechanicalOperatinga operatetoolsormachin
proofreadorrewrite	Musical ability: sing or play a musical
perform,act,dance,speak	Organizational ability: bring order and organ
Evaluating ability: analyze data and draw conclusions	and programs
Graphics ability: layout, design, create visual displays	Planning ability: strate design, and organize
or banners	Promoting ability: adv

- Hobby-related ability: certain activity
- nd discovering
- vith plants
- inate, cast vision,
- arch,study
- rious languages
- ccomplish a
- ability: iery
- instrument
- ization to people
- egize, programs or events
- ertise or promote events and activities

- □ Public Relations ability: handle complaints and unhappy people with care and maturity
- Recruiting ability: enlist and motivate people to get involved
- Repairingability: fix,restore,maintain
- Researching ability: read, gather information, collect data
- Resourceful ability: search out and find resources at a lower cost
- Sewing/Needlework ability: work with a needle and thread or with a sewing machine
- Teaching ability: explain, train, demonstrate, tutor
- Technicalability: operateorrepairvariousequipment
- □ Visualizingability: conceptualize,picture,dream
- □ Welcoming ability: convey warmth, develop rapport, making others feel welcome
- □ Writing ability: write articles, papers, letters, books
- Other:

PERSONAL STYLE ASSESSMENT

It is obvious that God does not use a cookie cutter to create people. He makes us all unique and that includes our own personal style. God loves variety and He made introverts and extroverts — He made people who love routine and those who love variety — He made some "thinkers" and some "feelers" and some "doers". How did He make you?

Place a checkmark next to appropriate descriptions. Add them up and double for total in each of the four boxes.

No score in any box can exceed 28 points

С	CL	ТР	А
□ Takes charge	□ Takes risk	🗌 Loyal	Deliberate
☐ Determined	□ Visionary	□ Non-demanding	Controlled
□ Assertive	□ Motivator	Even keel	Reserved
Firm	Energetic	Avoids conflict	Predictable
Bold	Fun Loving	Enjoys routine	Practical
Purposeful	Likes variety	Dislikes pushiness	Orderly
Enterprising	Very verbal	Good listener	🗆 Factual
□ Competitive	Promoter	🗆 Adaptable	□ Discerning
Decision maker	🗆 Enjoys change	□ Sympathetic	Detailed
🗆 Leader	Creative	Thoughtful	Analytical
🗆 Goal driven	Group oriented	Nurturing	Inquisitive
□ Self-reliant	Mixes well	Patient	Precise
Enjoys challenges	Avoids detail	🗆 Tolerant	Persistent
☐ Adventurous	Optimistic	Deep relationships	□ Scheduled
 Total x2 =	Total x2 =	Total x2 =	Total x2 =

PERSONALITY GRAPH	L (C)	O (CL)	G (TP)	В (А)
30-				
26-				
22-				
18-				
14-				
10-				
6-				
2-				
0-				

C=COACH	CL=CHEERLEADER	TP=TEAM PLAYER	A=ANALYST
You will naturally	You will naturally	You will naturally	You will naturally
 Gravitatetopositionsof leadership Bedecisiveandquickto make decisions Avoidchit-chatandwant to "get to the point" Havethetime orientation of "let's do it now!" Lovetoovercome obstacles and take on challenges May not see the impact of your words or criticisms on others Says,"Okay team,this is what we need to do!" 	 Make life fun! Lovetotalktoothers Easily get excited and encouraged Enjoy groups and high activity level Avoid details,close accountability and deadlines Have the future oriented time frame of "it'll all work out!" Says, "Go team! We can do it!" 	 Want to go deep in your relationships Express tremendous loyalty to those you love Listen attentively (and at length) to another's problems Be more sensitive to needs of others than other bents Carry emotional and financial stability Preferstabilityeven if it means peace at all costs. Says,"Rememberthat we're a team!" 	 Want to do things right and by the book Strive for accuracy and quality, not quickness See a person's past as a key to trusting them in the future Want clearly defined tasks, limited risk, and an open door environment for asking questions of clarification Be verycreative in designing helpful systems, if encouraged and allowed to work at your own pace Besogoodattaking things apart, you can also take people apart and become a strong critic when wronged Says, "Tobeeffective this team needs to follow the playbook!"

EXPERIENCE ASSESSMENT

WORK EXPERIENCES

What jobs have you been most effective in and enjoyed the most? List them below

Transfer your results to green sheet

LIFE EXPERIENCES

From what problems, hurts, pains or trials have you learned that you can in turn help others? Check all that apply to you.

□ Abortion	Depression	□ Military Wartime Service				
□ Abuse	Dysfunctional Family	□ Miscarriage				
□ Adoption	Divorce	Orphaned				
□ Alcoholism	Drug Abuse/Addiction	Prison				
□ Alzheimer's/Dementia	Eating Disorder	Recovery Program				
Annulment of Marriage	Extended Court Proceedings	□ Remarried				
Bankruptcy	Extended Job Loss	Separated and/or				
Cancer	Extended Physical	Restored Marriage				
Chronic Pain	Illness/Injury	□ Suicide				
Crisis Pregnancy	□ Handicapped/Disabled	□ Widowed				
Death/Grief	□ Homeless	□ Other				
MINISTRY EXPERIENCES						
Where have you enjoyed serving in the past. Check all that apply to you.						

Usher/Greeter	Mentor
🗌 Teacher (Adults)	🗌 RA Leader
Teacher/Helper (Youth)	🗌 GA Leader
🗌 Teacher/Helper (Children)	Financial Counselor
🗌 Teacher/Helper (Preschool)	Calling Team
Host	Meals Ministry
🗌 Kitchen	Counseling
Music (Instrument)	Clothing Closet
🗌 Music (Vocal)	Bus/Van Driver
🗌 Music (Children)	□ Video/Tech
Mission Trip	Sound Board
🗌 Urban Missions	Library
Tutoring	□ Hospital Care
🗆 Deacon	□ Homebound/Nursing Home Visits
🗌 Elder	Fixing Meals
🗆 Drama	Coffee

Prayer Team
Program/Event Coordinator
Retreat Planning
Parking Cars/Lot
Set up/ Tear down
Speaker/Trainer
Writing
Cleaning Crew
Office Work
ESL Ministry
Home Construction Ministry
Recovery Ministry (Divorce/Grief)
Special Needs Children
Other

GREEN SHEET

YOUR S.H.A.P.E. PROFILE

Name		DOB / /
Address		
Cit		State Zip
Home Phone ()	Cell Phone ()
Email		
List your top 3 SPIRITUAL GIFTS		
1	2	3
List your passion for your top 3 ROLES		
1	2	3
List your passion for your top 3 PEOPLE		
	2.	3
List your passion for your top 3 CAUSES		
	2.	3
		77
List your top 3 <i>ABILITIES</i>	2	3
	2	J
List total for each <i>PERSONALITY STYLE</i>	Turu Dia an	
Coach Cheerleader	Team Player Analyst	
List any WORK EXPERIENCES that you have	-	
1	2	3
List any LIFE EXPERIENCES that you have h	ad that could be used in God's Kingdom:	
1	2	3
List any MINISTRY EXPERIENCES that you h	ave had that could be used in God's Kingdol	m:
1	2	3
How would you describe where you are in y Check the appropriate box.	our Spiritual Journey with Christ right now?	
SEEKER: Seeking information about and e	xposure to Christianity and Christians, have no	t yet committed life to Christ.
$\hfill\square$ NEW BELIEVER: Brand new to faith and the	e Bible.	
GROWING BELIEVER: Established in the b	asics of Bible study, personal devotions, etc.	
LEADING BELIEVER: Vibrant relationship	with Christ, established in the basics, ready to I	lead others toward a deeper relationship with Christ.
Are you currently serving at Forest Hills?		
Where?		